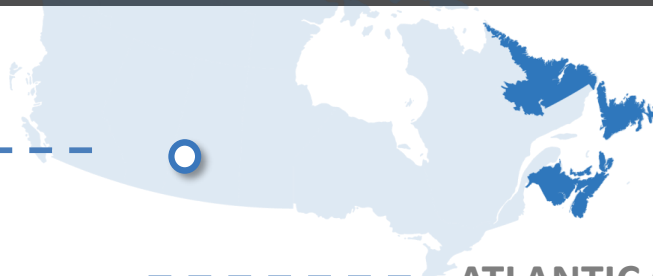




DECEMBER 2025

LABOUR MARKET BRIEF ■ ATLANTIC REGION



CANADA

- ★ The country experienced growth in employment in December, amounting to 8,200 jobs, making it the fourth consecutive monthly gain.
- ★ Full-time jobs increased alongside fewer part-time.
- ★ The unemployment rate moved higher in the month to 6.8%.
- ★ The goods-producing sector added jobs (+8,000), while the services-producing sector saw growth of 100 jobs.

ATLANTIC CANADA

- ★ The number of people employed declined in December by 1,400 jobs.
- ★ Part-time jobs increased while full-time jobs declined.
- ★ The unemployment rate declined slightly in December to 7.4%.
- ★ The goods-producing sector added jobs (+2,800), while the service sector saw job reductions of 3,900.

22,694,400 (+81,000)

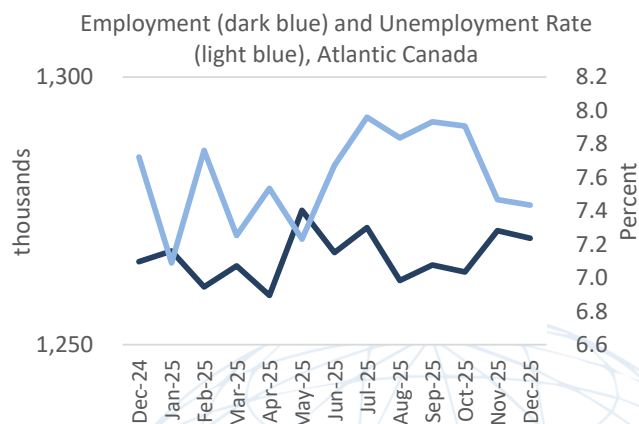
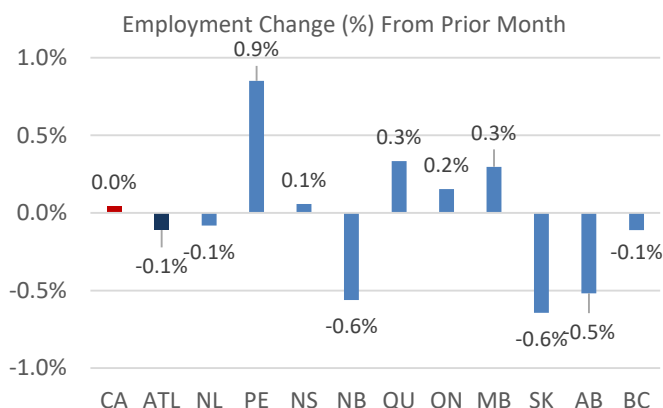
LABOUR FORCE

1,372,000 (-1,900)

21,143,700 (+8,200)

EMPLOYMENT

1,269,900 (-1,400)



6.8% (+0.3)

UNEMPLOYMENT RATE

7.4% (-0.1)

65.4% (+0.3)

PARTICIPATION RATE

60.4% (-0.1)

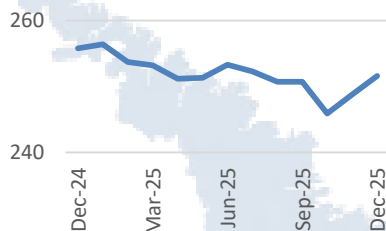
Statistics Canada, Labour Force Survey, Table 14-10-0287-01
Data above are seasonally adjusted. Values in brackets are month-over-month changes.

Employment and
Social Development CanadaEmploi et
Développement social Canada

Canada

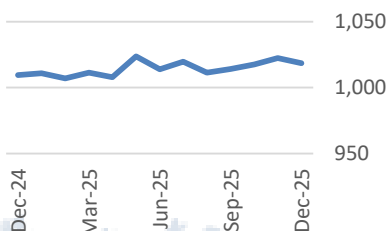
Goods Sector

Employment ('000), Atl.



Services Sector

Employment ('000), Atl.



Did You Know...

Annual average labour market figures show that employment went up in the Atlantic region by 8,200 in 2025, a marked slowdown from the previous four years. The number of public sector employees and self-employed individuals rose by 7,700 and 2,400 respectively, both driven by the health care and social assistance industry (+5,500 and +2,500 respectively). Private sector employment fell by 1,900 as more industries posted job loss than growth. Manufacturing was one bright spot, however, adding 6,400 private-sector employees.

FASTEST GROWING INDUSTRIES

Year/year employment change, Oct-Dec averages, Atl.

1. Business, building and other support services **+11%**
2. Manufacturing **+6%**
3. Health care and social assistance **+5%**
4. Finance, insurance, real estate, rental and leasing **+4%**
5. Other services (except public administration) **+3%**



NOVA SCOTIA



NEW BRUNSWICK

560,300

Labour Force

523,900

Employment

6.5%

Unemployment Rate

-700

Labour Force Change

+300

Employment Change

-0.2

Unemployment Rate Change

436,300

Labour Force

407,400

Employment

6.6%

Unemployment Rate

-2,500

Labour Force Change

-2,300

Employment Change

0.0

Unemployment Rate Change



NEWFOUNDLAND AND LABRADOR



PRINCE EDWARD ISLAND

273,100

Labour Force

243,800

Employment

10.7%

Unemployment Rate

+800

Labour Force Change

-200

Employment Change

+0.3

Unemployment Rate Change

102,300

Labour Force

94,800

Employment

7.3%

Unemployment Rate

+500

Labour Force Change

+800

Employment Change

-0.4

Unemployment Rate Change

Provincial estimates based on seasonally-adjusted data for the latest month and compared to the previous month.

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